

**Report to:**

**ADULT SOCIAL CARE AND HEALTH SCRUTINY  
COMMITTEE**

**Relevant Officer:**

Zohra Dempsey, Public Health Practitioner

**Date of meeting:**

21 March 2024

## **MENTAL HEALTH PROVISION FOR YOUNG MEN AND SUICIDE PREVENTION**

### **1.0 Purpose of the report**

- 1.1 To update the Committee on recommendations made in the Mental Health Provision for Young Men scrutiny report.
- 1.2 To update the Committee on suicide prevention awareness and ongoing work, including national and local data and crisis service provision.

### **2.0 Recommendation(s)**

- 2.1 The Committee receive and accept the update on recommendations and determine whether or not they are completed.
- 2.2 The Committee receive and note the general update on suicide prevention and identify any areas for future scrutiny if necessary.

### **3.0 Reason for recommendation(s)**

- 3.1 The Committee have requested an update on both areas.
- 3.2 Is the recommendation contrary to a plan or strategy approved by the Council? No
- 3.3 Is the recommendation in accordance with the Council's approved budget? Yes

### **4.0 Other alternative options to be considered**

- 4.1 Not applicable.

### **5.0 Council priority**

- 5.1 The relevant Council priority is:
  - 'Communities: Creating stronger communities and increasing resilience'

## **6.0 Background and key information**

- 6.1 An update on recommendations from the Mental Health in Young Men scrutiny report is attached.
- 6.2 The second report is a summary of suicide prevention work locally –includes local and national data, information on support available for people in crisis, suicide bereavement support and other relevant activity.
- 6.3 Present at the meeting will be relevant officers from Public Health, the ICB and mental health providers.
- 6.4 Does the information submitted include any exempt information? No
- 6.5 However, given the sensitive subject matter, a content warning is required. Small numbers suppression has been applied and public places where suicides have occurred have not been named - this will also need to be considered if they are discussed during the meeting.

## **7.0 List of appendices**

- 7.1 Appendix 6a – Mental Health Provision for Young Men Scrutiny Report: Update on recommendations.
- 7.2 Appendix 6b – Suicide Prevention Update.

## **8.0 Financial considerations**

- 8.1 Suicide prevention activity is funded through the Public Health Grant. Lancashire and South Cumbria ICB fund mental health and crisis provision and some specific suicide prevention activity.

## **9.0 Legal considerations**

- 9.1 None.

## **10.0 Risk management considerations**

- 10.1 None.

## **11.0 Equalities considerations and the impact of this decision for our children and young people**

- 11.1 Certain groups can be at higher risk of suicide. More vulnerable groups are considered

within national, local and ICB level plans.

**12.0 Sustainability, climate change and environmental considerations**

12.1 Local service provision, including online support can help minimise travel.

**13.0 Internal/external consultation undertaken**

13.1 Reports have been developed with relevant partners.

**14.0 Background papers**

14.1 See Appendices 6a and 6b.